

July - August 2008

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Regular Features: Dates, Thanks, Tickets, Web Corner,
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*Utah's Community
HIV / AIDS Newsletter*

Published by the
People With AIDS Coalition of Utah



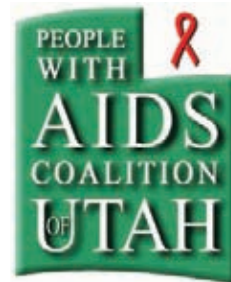
July was renamed for Julius Caesar, who was born in that month. Previously, it was called Quintilis in Latin.

This month was originally named Sextilis in Latin. It was renamed in honor of Augustus in 8 BC because several of the most significant events in his rise to power, culminating in the fall of Alexandria, which fell in this month.

*a note of
gratitude* 

Thanks to our volunteers for their
efforts and help every day!

The PWACU would like to thank all who help in the mission of providing service to those affected by HIV / AIDS.



www.PWACU.org



2008 Calendar

“Celebrating 20 Years”

February 6, Wednesday – Seminar: CROI Webcast

March 15, Saturday – Seminar: HIV & Depression

March 23, Sunday – 6th Annual Spring Fling

May 17, Saturday – 8th Annual Food for Life Garden Party

July 12, Saturday – Seminar: Treatment Experienced Patients

July 19, Saturday – Fashion Charity Show

August 14 - 16, Thursday, Friday, & Saturday – 20th Annual River Trip

September 14, Sunday – 10th Annual End of Summer BBQ Bash

October 18, Saturday – 20th Annual Living With AIDS Conference

December 14, Sunday – 6th Annual Holiday Party

Please note: The Calendar is subject to change.

The People With AIDS Coalition is Celebrating 20 Years. For twenty years the People With AIDS Coalition of Utah has held its annual Living With AIDS Conference in October (AIDS Awareness Month). The Conference covers an array of subjects for a variety of persons; including providers, people living with HIV/AIDS, friends and family members. In addition to its educational role, the Conference offers a supportive and open environment in which those whose lives are affected by the disease can interact with others who are facing similar issues. From September – November PWACU holds its annual Poinsettia Fundraiser to raise money and awareness for people affected by HIV/AIDS in Utah. For information on these and other events visit www.PWACU.org

Treatment Experienced Patients



Sabrina Taylor

This is geared for those who have more knowledge regarding HIV/AIDS and spends a lot of time on how HIV infects the cell, resistance and adherence issues. We also discuss “Prevention for Positives” in this module.

Date: Saturday, July 12, 2008

Time: 1:00 thru 3:00 p.m.

Location: Utah Pride Center (Multi-Purpose Room)
361 North 300 West
SLC, UT 84103

Lunch will be catered.

RSVP by Tuesday, July 8, 2008

801-484-2205 or director@pwacu.org

Sponsored by Tibotec Therapeutics

Sabrina Taylor is a Master’ Level Social Worker with 12 years of HIV community experience. She is currently employed as the Community Liaison for Tibotec Therapeutics, one of Johnson & Johnson’s Family of Companies. Sabrina’s HIV career experiences began in 1995, as a women’s case manager with AID Atlanta and has expanded from there. Those positions have included community outreach coordinator of a community AIDS research agency, Adjunct Professor, and Associate Director. Sabrina’s last position prior to joining Tibotec, was the Director of HIV/AIDS Education for Grady Health System’s Infectious Disease Program, the nation’s largest comprehensive publicly funded AIDS Program. Sabrina’s volunteer experience has included member of the executive leadership of the Metropolitan Atlanta HIV Services Planning Council and the GA HIV Community Planning Group as well as Chair of the African American Outreach Initiative, and lastly Federal Grant Reviewer for the Substance Abuse Mental Health Services Administration.

Sabrina continues her devotion to improving the lives of those living with and affected by HIV/AIDS. She believes in helping and sharing in the lives of others and it is our duty to stay committed to this fight until there is a cure!



Saturday, July 19, 2008

Grand Hall at the Depot
400 W. South Temple
Salt Lake City, Utah

Tickets \$20 in advance
\$25 at the door

Social Hour 6:00pm
Fashion Show 7:00pm
Hula Dancers @ Sunset

Silent Auction & Raffle close at 9pm

Spin our Wheel of Fortune
for a chance to win a fun prize

Raffle Tickets \$1.00
Wheel of Fortune \$1.00

Please RSVP by Friday, July 11, 2008

Purchase tickets online at www.PWACU.org
or call us @ 801-484-2205



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as seen on MTV's Tiara Girls!

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QSaltLake

Sanctuary Day Spa

Volunteer Organizations

Righteously Outrageous Twirling Corps

Produced by Brass Ring Productions



HIV funding in Utah is once again in jeopardy!

The important advocacy work that had been done by Stuart Merrill will now be taken over by the People With AIDS Coalition of Utah, PWACU. Stuart has moved to Minneapolis where he will be lobbying for HIV/AIDS funding at the Federal level. In the short time he has been gone we are already in desperate need for someone to fill his shoes. With your help PWACU hopes to provide this service to our community.

- Once again funding for HIV treatment in Utah is in jeopardy.
- Once again they had to introduce something akin to Wait Lists for medication in Utah; but of course we are prohibited by state law from calling them “wait lists”.
- Once again, when Wait Lists are introduced, people who need HIV medication have to wait for someone else with HIV to either get insurance, or pass away before they can get life saving meds.
- Once again newly diagnosed people with HIV in Utah have less access to HIV medication than people in the same situation in Cuba, or Brazil.
- Once again we are facing budget cuts to already strapped organizations who serve people with HIV/AIDS.
- Once again we need your help!

We have already contacted the Health and Human Services Appropriations Subcommittee, and the Utah Department of Health is aware that we are taking on this important advocacy work.

We will keep you informed as this work progresses.

[Please contact us if you are interested in helping.](#)



Super Big News!

We are pleased to announce that the QCares Foundation has become an Affiliate Program of the People With AIDS Coalition of Utah. QCares Foundation is now under PWACU's 501(c)3 umbrella. QCares Foundation maintains separate management but is now guided by PWACU's non-profit status.

QCares Foundation is the non-profit arm of [QSaltLake](#) with the aim of supporting gay, lesbian, bisexual and transgender programs and organizations. Several fundraisers throughout the year are held to offer advertising, printing and other services to organizations and events that benefit our community.

Your support of QCares events makes this community stronger.

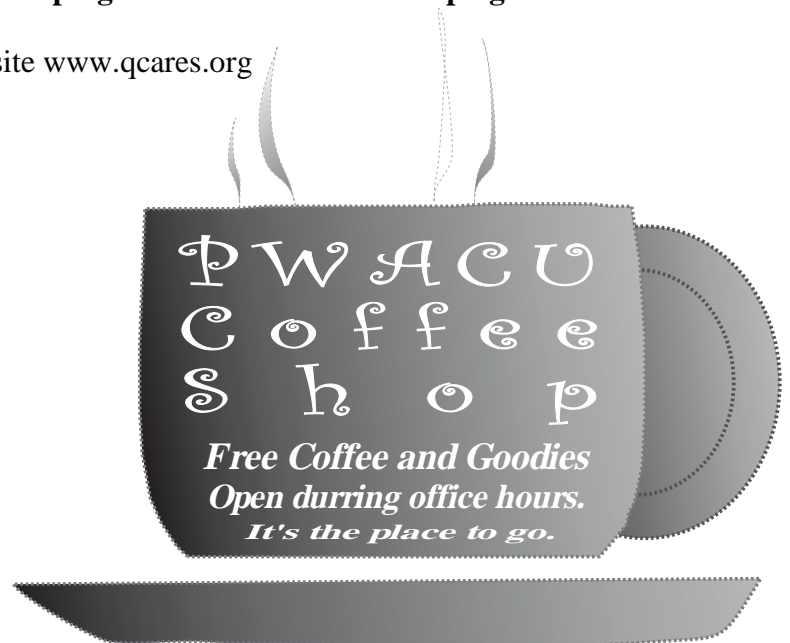
QCares Foundation is currently developing a Meth Awareness Campaign.

Visit their website www.qcares.org

VOLUNTEER:

The People With AIDS Coalition of Utah offers volunteer opportunities for anyone from the community who is concerned about HIV/AIDS. Our volunteer opportunities give individuals the chance to help and get to know others impacted by the virus.

Volunteers are very special people, without volunteers we would be unable to provide the services we offer. We need volunteers to help with general office support, special projects and events.



1055 E. 2100 S., Suite 208, Salt Lake City, Utah



The WEB Corner

Look at some of the great information on our website! Go to www.PWACU.org for more information about this and other great stuff.

Log on to our website and select

Recreation:

www.PWACU.org

Our Recreation Program strives to offer people living with HIV/AIDS the opportunity to create social support networks in a positive and safe environment. Our program provides access to cultural and community events that people affected by HIV/AIDS may not otherwise be able to attend. We also sponsor several events such as barbeques, holiday parties and a river trip each year. Membership in the program is confidential.

River Trip 2008

August 14 – 16

Call now to sign up and reserve your spot

Cost for the river trip is:

\$30.00 for clients • \$100.00 for family & friends

Fee is non refundable

Call Toni at 801-484-2205 for more information.



Common Grounds Outdoor Adventures

The trip will include trips down the scenic and the alpine sections of the Snake River with class three rapids. We will also be visiting Granite Hot Springs located just south of Jackson Hole. We will be camping around the Grand Teton National Forest which has beautiful views of mountains. There is also Jackson Hole that is right there that we can visit. All food and transport will be provided from Logan.

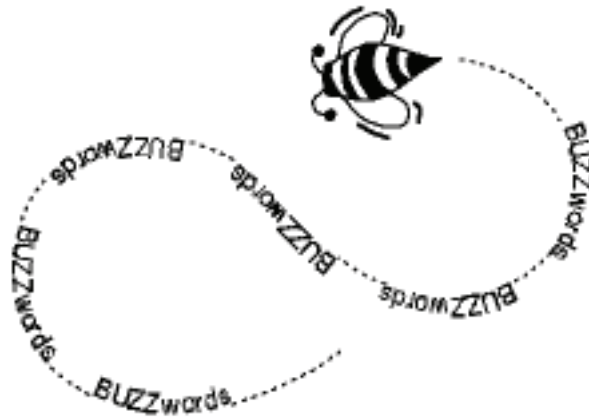
Trip Orientation

Date: July 16, 2008

Time: 4:00 pm

Location: People With AIDS Coalition of Utah
1055 E. 2100 S., Suite 208
Salt Lake City, UT 84106





Efficacy

by David Pieribone

Efficacy is a word that doctors use when they talk about how well a drug works. If you have ever enrolled in a clinical trial, or read a research paper, you might have come across this word. The official definition of efficacy is, “the maximum ability of a drug or treatment to accomplish its intended goals.” In other words, efficacy means how well a drug or therapy works to control or cure an illness. For instance, efficacy may refer to how well an antibiotic works in treating a bacterial infection, or how well a pain reliever works to reduce or eliminate pain. The Food and Drug Administration (FDA), a branch of the Federal government that oversees drug testing, requires that drugs be tested in a series of clinical trials to prove that they work. A drug is approved by the FDA for sale if it is effective at the dose tested and against the illness for which it is prescribed. In the process required by the FDA, a drug is subjected to three phases or steps of clinical research. Phase I determines if the drug is safe for people to take. Phase II evaluates the efficacy of the drug. Finally, Phase III clinical trials are conducted to confirm the efficacy of the drug. Once a drug is proven to be safe and effective, it can be prescribed to patients.

*David Pieribone is the Associate Director of Education at AIDS Project Los Angeles.
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HAART

by Tim Horn

This term is everywhere. Doctors use it. Researchers use it. Treatment educators and activists use it. Unfortunately, many experts who refer to HAART don’t always explain what it is. **HAART** stands for **highly active antiretroviral therapy**. By breaking down this term into two parts, it’s easier to see what HAART is all about. The second part of HAART refers to “antiretroviral therapy” – medicine that is active against HIV. The first part, “highly active,” means that these medicines should not only be active against HIV, they should be extremely powerful. Being powerful in this sense has a very specific meaning. Researchers who first came up with the term HAART said that it must meet two requirements:

1. To reduce viral load (the amount of HIV in the blood) as much as possible (ideally to undetectable levels).
2. To keep the viral load undetectable or low for a long period of time (several months or years).

While some individual drugs are powerful enough to greatly reduce the amount of HIV in the blood, the only way they can be highly active is to combine them with other drugs. For example, combining a protease inhibitor with two nucleoside analogues is considered to be HAART. If you’re not sure which HAART combination might be right for you, be sure to talk with your health-care provider.

*Tim Horn is a writer and HIV treatment educator in New York City.
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Editorial Policy

The People With AIDS Coalition of Utah is dedicated to providing educational and support services that enhance the quality of life for all people impacted by HIV/AIDS. Information and resources included in the Positive Press are for informational purposes only and do not constitute an endorsement for or recommendation of any medical treatment decisions.

Note: This is not meant to serve as a comprehensive HIV/AIDS guide. Please contact your case worker or care provider for more information on comprehensive guides. If you are unable to find the resource you are looking for, please call the PWACU: 801-484-2205.

The publication of a name or image does not unless expressly stated, imply anything about a person's health status or sexual orientation. Opinions are those of the individual and do not necessarily represent official positions of the People With AIDS Coalition of Utah.

You can contact the editorial staff through the PWACU office or via email: director@PWACU.org

RESOURCES

Community Action Program

A nonprofit providing a variety of services aimed at helping low income people reach self-sufficiency (Assistance with deposits, rent, utilities, etc.).
764 S. 200 W.
SLC, UT 84101
801-359-2444

People With AIDS Coalition of Utah

Annual Living With AIDS Conference, bimonthly newsletter *Positive Press*, Seminars, Resource Library with free Internet access, Social and Support Groups, Recreation Program and a Thrift Room.
1055 W. 2100 S., Suite 208
SLC, UT 84106
801-484-2205

Salt Lake Valley Health Department

HIV and STI testing, TB testing, immunizations, treatment, prevention and care information.
610 S. 200 E., Room 135
SLC, UT 84111
801-534-4666

Utah AIDS Foundation

HIV and STI testing. Prevention education, case management and meal services to people impacted by HIV/AIDS.
1408 S. 1100 E.
SLC, UT 84105
801-487-2323

Utah Pride Center

Community resources and referrals for lesbian, gay, bi-sexual, and transgendered people of all ages.
361 N. 300 W.
SLC, UT 84116
801-539-8800

CASE MANAGEMENT

University Of Utah Clinic 1A

50 N. Medical Drive, SLC
SLC, UT 84132
801-585-2670

Utah AIDS Foundation

1408 S. 1100 E.
SLC, UT 84105
801-487-2323

Veterans Medical Center

500 Foothill Blvd
SLC, UT 84108
Karen Kone
801-582-1565

HIV POSITIVE GROUPS

Gay Men's Support Group

Contact Jerry Buie: 801-595-0666

Gay Men's Support Group

Contact Josh Bytendorp: 801-487-2323

Heterosexual Social/Support Group

Contact Toni Johnson: 801-484-2205

Spanish Speaking Support Group

Contact Jorge Limat: 801-487-2323

Strength In Numbers--Salt Lake City

<http://health.groups.yahoo.com/group/SINSaltLake/>

Utah County Support Group

Contact Dave Rich: 801-377-4629

Washington County Support Group

Contact George Stoddard: 435-656-5864

Weber County Support Group

Contact Robert Smith: 801-393-4153

Women's Social/Support Group

Contact Toni Johnson: 801-484-2205

Get Published:

We are always looking for personal stories and poetry to publish in the Positive Press. If you have something you want to share, contact us at the address on the opposite page.

Articles can be submitted anonymously. All articles submitted are reviewed by our editorial team before being included in the Positive Press.

Global Update

HIV/AIDS Statistics for the year 2007

Number of People Living with HIV/AIDS

North America	1.3 million
Caribbean	230,000
Latin America	1.6 million
Western & Central Europe	760,000
Eastern Europe & Central Asia	1.6 million
North Africa & Middle East	380,000
Sub-Saharan Africa	22.5 million
East Asia	800,000
South & South-East Asia	4 million
Oceania	75,000
Global Total	33.2 million

Total Newly infected people in 2007 2.5 million

Total People who have died of AIDS in 2007 2.1 million

Source: www.UNAIDS.org



the *Positive Press*
is published by
**The People With AIDS
Coalition of Utah**

Mission Statement:
The People With AIDS Coalition of Utah is dedicated to providing educational and support services that enhance the quality of life for all people impacted by HIV / AIDS.

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Toni Johnson

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1055 East 2100 South
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Salt Lake City, Utah 84106
(801) 484-2205
fax (801) 484-2665

Free Hair Cut & Style:

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We Greatly Appreciate Your Support!

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